

# INNOVATIONS AND ACHIEVEMENTS IN PALLIATIVE CARE IN EUROPE

## Pal-Cycles: a novel program that brings together experts from across disciplines to enhance advanced cancer care

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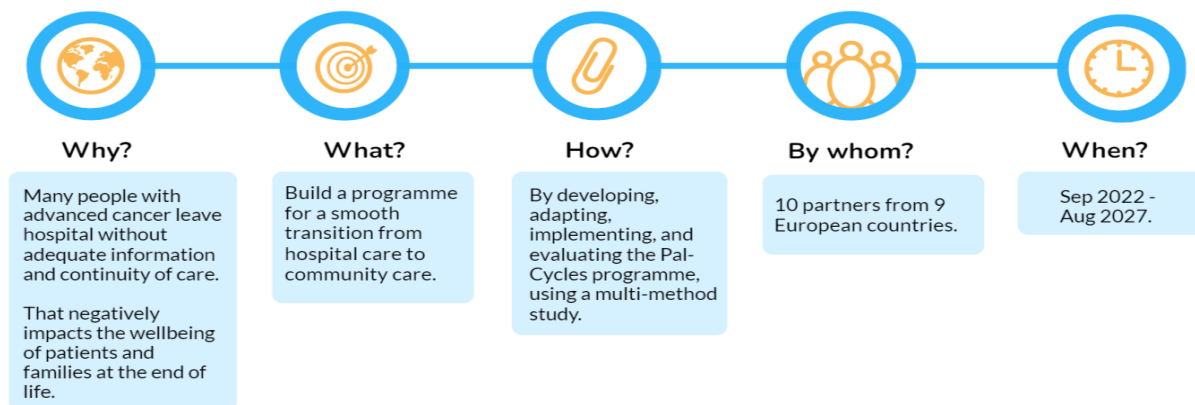
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Palliative care is essential to the well-being of the 1.5 million people with cancer in Europe. Unfortunately, many individuals with advanced cancer and with palliative care needs, experience a lack of continuity of care when transitioning from the hospital to their home. This is often due to unclear communication and a lack of coordination among healthcare providers. As a result, patients and their families can feel unsettled and unsupported during this critical time.

Pal-Cycles is an innovative research project that aims to improve the quality of life of people with advanced cancer and palliative needs, as well as their families. It brings together experts from the medical, social, ethical, management, academic, research and humanities fields. In this project, a comprehensive and functional intervention is being developed to improve patients' transition from illness-orientated treatment in the hospital, to symptom-orientated treatment in community care.



**Figure 1 – Pal-Cycles project overview**

Pal-Cycles works on co-creating an optimised care plan with the aim to be implemented between hospital admission and primary care. It is hoped that this approach will promote new strategies for personalised care, facilitating compassionate and patient-centred communication and thus, positively impacting the quality of life of people suffering from advanced cancer.

Professor [Jeroen Hasselaar](#), principal investigator of Pal-Cycles, reinforces that the research team is committed to

ensuring that all individuals with advanced cancer and their families receive continuous care at home in an organised and functional way, that ensures quality of care and well-being for all.

For more information, visit the Pal-Cycles [website](#), [Newsletter](#) and [Blog](#). Follow us on [twitter](#) and [LinkedIn](#).